

# Final Report

April 2014



Prince George Native Friendship Centre 1600 – 3<sup>rd</sup> Avenue Prince George, BC V2L 3G6 250.564.3568 <u>www.pgnfc.com</u>

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# Executive Summary

Over the months of January, February, March and April of 2014, the Prince George Native Friendship Centre (PGNFC) coordinated and hosted the "Nez Key bulh nus ts'edulh....We are Walking into the Future with Our Children" community mobilization process in Prince George.

This was the second phase of community engagement, stemming from the recent success of the first phase hosted by the PGNFC in early 2013. From the information gathered then, we learned that community members wanted to continue coming together in the spirit of *Knowledge, Sharing, Friendship and Kinship,* for the safety and wellness of Aboriginal people living in and around Prince George.

The partners involved with our second phase included: Aboriginal Affairs and Northern Development Canada; Public Safety Canada; The Metis Nation of BC; The BC Association of Aboriginal Friendship Centres; The Ministry of Aboriginal Relations and Reconciliation and local leadership.

Our focus this year was to guide our engagement with a community development model that would lead our process into a community action plan. Our invitations were extended to L'heildli T'enneh Nation, Elders, Youth, First Nations Leaders, community leaders, grassroots community members and service providers of Prince George.

The overall engagement process included: The Elders Circle of Wisdom Gatherings, a Community Wellness Fair, the Circle of Leadership Gatherings, and the 8<sup>th</sup> Fire Cultural Nights.

The level of participation from the community was impactful. However the participation from those in leadership roles was minimal.

Event	Number of Participants
Elders Circle of Wisdom	15
Health Fair	359
Circle of Leadership #1	32
8 <sup>th</sup> Fire Cultural Night #1	58
Circle of Leadership #2	36
8 <sup>th</sup> Fire Cultural Night #2	47
Youth Engagement	45
TOTAL	590

### Background



The Prince George Native Friendship Centre (PGNFC) coordinated the second phase of development for a community mobilization process as part of our ongoing commitment to Aboriginal people in Prince George and the First Nations communities in this region.

"Nez Key bulh nus ts'edulh" built upon the success of the first phase hosted by the PGNFC in early 2013 and began to mobilize community into action. From the information gathered, we learned that community members coming together in the spirit of *Knowledge Sharing, Friendship and Kinship* will lead to the safety and wellness of Aboriginal people living in and around Prince George.

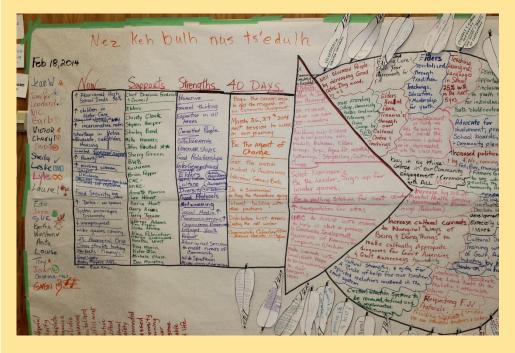
In 2013, this process was initiated out of a desire within the Province of BC to explore what it would mean for urban Aboriginal peoples in five different cities in BC, including Prince George, to drive a process to explore what our shared needs and visions are, and what we see as potential for working together to move forward into the future.

In 2014, the process became broader and more inclusive, expanding to include involvement of leadership from First Nations Communities in this region. We want to work together to explore our shared challenges and visions, and to plan for the future, to walk together through a process of problem-solving and unity.





# Methodology



The "We Are Walking Into the Future With Our Children" process was named, in English and Carrier, by Edith Frederick, a Lheidli T'enneh Elder, in honor of her mother, and her identification that, in healing from past loss and suffering, Aboriginal communities will look toward a brighter future by walking hand in hand, in family, and in unity. In honoring this framework, the process was designed in a culturally appropriate way, as were the tools that were developed during the process.

The process began and ended with the Elder Circle of Wisdom Gatherings, during which Elders were invited and encouraged to be part of the larger process. A Wellness Fair, which brought together agencies and individuals from around the community to work together with a focus on health, wellness and safety was part of the engagement phase. This lead into a number of leadership meetings, during which leaders from a variety of community agencies were invited to participate in the planning process. These were followed by community gatherings, in which all community was invited to eat together, review last year's work, and become part of the process for this year.

With the direction of Elders, facilitators and spiritual leaders, common ground was fostered as a starting point for working together as a community to move towards a happier and healthier future.

# Community Based Input



"Community ownership means that, when we (the facilitators) leave here, we leave here – it's yours. We leave the tools with you. And you guys then get to share those tools, and implement those tools."

- Bev Poitras, Walking Into the Future Facilitator

During the broad cross-section of events and activities that were organized through this process, many different community members were able to contribute to the plan, including leaders, front line workers, Elders, youth, and children.

Participants made a commitment to continue this work into the future: coming together during these sessions to start the process of crystallizing a plan, collaborating to allow it to take shape, and planning to gather and regroup again to allow the plan to be fine-tuned and honed.

Community champions, from the many walks of life who participated, will be the keepers of the process and will weave it into work and life to allow it to shape and grow the community in a healthy and happy way.







# Meeting our Brothers and Sisters



"To have people come together, and trust in this process, and be able to share some of the stories that are very personal, and come up with these key points of focus, was a very powerful process"

- Barb Ward-Burkitt, Prince George Native Friendship Centre Executive Director

As with the 2013 community planning process, many walks of life, many groups, and many individuals were a part of the process and plan. The "Walking Into the Future" gatherings were helpful ways for our diverse community to connect in a safe and meaningful way.

Representatives from many different Aboriginal urban organizations participated, as did those from the Métis community. Participants who were involved came on behalf of the City of Prince George, School District 57, the RCMP, small business owners, non-profit groups, staff, board members, volunteers, and community members served by the Friendship Centre.

People from diverse cultural back grounds, both Aboriginal and non-Aboriginal, were present as well, and our gatherings celebrated our First Nations cultural diversity, and our common goals of connection and collaboration.

### Grassroots Involvement



""Once we set a goal, as long as that goal is set, we have something to look forward to and something to work together on".

- Edith Cunningham, Lheidli T'enneh Elder

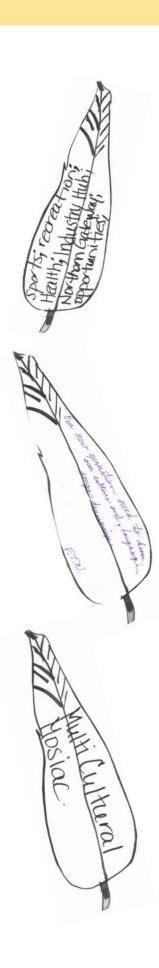
What was unexpected with the 2014 meetings was the groundswell of interest and support from the community at large. Large numbers of people, significantly family groups who attended together, including grandparents, parents and children, and many who may not in their daily lives feel that they have a voice within community matters, attended, shared meals, participated in music and dance, and brought forward their thoughts and energies and input to the action plan process.

As we do walk forward into the future, continued connection with and walking beside community, with shared vision, motivation and support, may be the key to moving this action plan process forward in a meaningful way.

Engagement of family of all ages is important in this process and consistent with the message of walking into the future with our children.







# Elders Circle of Wisdom Gatherings



"As we work through this process, we're basically all feeling the same thing, we're basically all writing the same thing, and that's for improvement of ourselves – our ancestors are with us, by our sides, guiding our work, encouraging us to work in truth as we move forward".

- Winston Wuttunee, Elder Facilitator

Included within our community process was the opening and closing of our meetings with Elders gatherings, to allow Elders to be the keepers of the activities contained within. As per cultural protocols, Elders were gifted and thanked for their time and participation, the process was overseen by and sanctioned by Elders from the Lheidli T'enneh Nation, and Elders from other nations in the Prince George area were invited to be part of the process.

Metis, Cree, Carrier, and Non-Aboriginal Elders participated in these events, where they were provided with information, food, entertainment, and celebration.

Pipe ceremonies were used at the beginning of each gathering to frame the work of the Elders with the guidance of the ancestors and to ensure work being done in a good way.

# Wellness Fair



#### "Community mobilization means that we build upon the work that you guys have already done".

-Kimberly Lavoie, Director, Aboriginal Corrections Policy, Public Safety Canada

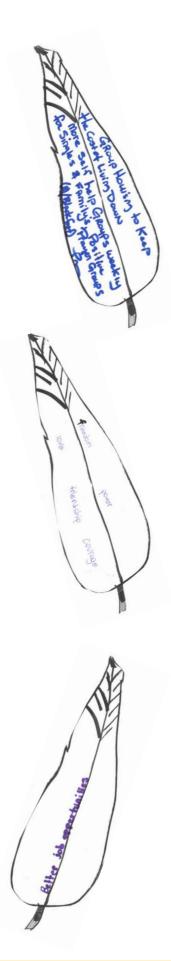
The "Walking Into the Future With Our Children" community gatherings included a January wellness fair, which offered information, food, activities, wellness offerings and opportunity to participate in cultural activities. These recurring fairs are a welcome event for staff, program participants and community members who have endured the short, cold Prince George winter, and are a reminder that Spring is on its way.

Last years "Off-Reserve Aboriginal Action Plan" process and reports were prominently displayed at this event, and information about and invitation to this years' gatherings were displayed and shared.

359 people registered their participation in the event, and shared in the spirit of friendship and family that always comes out during these busy and popular community functions at the Friendship Centre!







# 8<sup>th</sup> Fire Cultural Nights



"Does the community have a community-wide plan of action? In some issues, yes. Housing for example, or the development of the university, draws a broad base of groups together to plan. But is there a community-wide plan of action? Some would say yes, but unfortunately, its fractured...Prince George has a community plan: you can see the influence of industry, timber interests, mayor and council – there's very little in there that addresses the organizational needs of First Nations community"

. – Vince Prince, Prince George Aboriginal Business Development Centre Executive Director

2013 's 8<sup>th</sup> Fire Cultural Nights were developed with the focus of sharing the "8<sup>th</sup> Fire " documentary series aired earlier in the year on CBC, as a way to provide food for thought and start a Prince Georgebased conversation about identity, community, connection and healing. Building on this, the 2014 meetings saw many of the same family groups come out again to participate, and they were shown the DVD overview of last years' proceedings, and invited to contribute their voices and writings to the current action plan process.

# Moving Forward



"It's our hope at the end of that process, that our community partners, friends of the Friendship Centre, people who have a vested interest in the best interests of the people in our community, will come together, and will make the commitment to develop a community safety plan."

– Barb Ward-Burkitt, Prince George Native Friendship Centre Executive Director

The overall success from the **"Nez Key bulh nus ts'edulh....We are Walking into the future with our children",** community mobilization process in Prince George is captured in:

- Level of participation in community engagement sessions;
- Historical scan from the lens of Aboriginal Community in Prince George (Community Tool A);
- Nez Key bulh nus ts'edulh written path (Community Tool B);
- **Nez Key bulh nus ts'edulh** action plan (Community Tool C);

The challenge remaining for the community is how this will be lead. The action plan developed has individuals identified, but not confirmed. This will not move forward until the leadership in the Aboriginal community endorse and commit to the work undertaken in the **"Nez Key bulh nus ts'edulh....We are Walking into The Future with our Children"** process.







# Community Tool A: Historical Scan

What are the most important moments, memories and events that have shaped our community over the last 200 year								
		Colonization			Impacts of Colonization			
Before 1800	1800-1850	1851 - 79	1880 – 1900	1900 -1929	1930-49	1950's		
	Trade – Fort Frase	r	1892 LTN reserve first established	100 years ago, LTN forcibly removed because of railway construction	1939 -1945 WW II Draft	1954 Indian Act Election		
Carrier First Nations people occupy region for thousands of years prior to European settlement	Prince George Known as Grease Trail	1858 BC Gold Rush – Quesnel and Klondike	1884 Amendment IA Potlatch Banned	1912 BC Northern Exhibition established	1945 FN men lost their status upon return from war	Highway of Tears		
The Lheidli T'Enneh (People from the Confluence of Two Rivers) traditional territory	Explorer Simon Fraser establishes the original fort in 1807, named Fort George for King George III	Sternwheelers paddle rivers, transporting people and goods	Nechako and Fraser rivers main transportation routes through early 1900s.	1922-1976 Opening of Lejac Residential School	Veteran's Lands Act	Growth of PG stores		
Lheidli T'Enneh live off the land, hunting, trapping, fishing, and building homes from natural resources	The Northwest Company operates Fort George, merges with the Hudson's Bay trading company.	1876 Indian Act	Fort George and South Fort George boom in 1909 as forestry the main industry and sawmills built.	Grand Trunk Pacific Railway arrives in 1913 - Nechako and Fraser River junction becomes the new town center and is named Prince George.	1912-52, Pacific Great	1950 - 60 PGRH, CNC, PGRCC open, making PG a hub of the North		
Early Exploration: Alexander Mackenzie first explorer to travel through the area in 1793	1820 – 1927: Indian Act development	Fort George Park – Sacred Cemetery	1880: 1st Indian Affairs Office	Park development	last feast held by Lheidli T'Enneh	O'Grady School opens – boarding school, roots of PGNFC started		
1763 Royal Proclamation Status of Indigenous Nations as distinct political entities	1831: Mohawk Industrial School Brantford	1857 Indian Act update	March 26, 1885 North West Rebellion starts with battle at Duck Lake- Louis Riel Metis Leader	1904 1st Federal official responsible for FN Health	1931 80 residential schools operate across Canada	1951 Revisions to Indian Act (ceremony, child welfare)		
		1867 BNA Act			1930's to 40's 25 to 30% of children in Residential School died of TB	Cheslatta River dammed, forcing relocation of residents		
					Noticeable Language Loss	First Nations migration to Prince George – prairies to cache		

What are the most important moments, memories and events that have shaped our community over the last 200 years								
Economic Development Boom/ Resistance and Renewal				Но	ppe			
1960's	1970's	1980's	1990's	2000's	2010 and beyond			
1964 creation of first pulp mills -Prince George Pulp and Paper	1971 – Do Da Dey Claa (PGNFC) opens in partnership with school district	1964 creation of first pulp mills: Prince George Pulp and Paper	1996 – First children's program	RCMP – crime task force – community policing – new police station	Planning for Winter Games			
1969 - Why not? (women in non-traditional roles)	1976 last residential school closed	1985: Bill C – 31 Women's right to retain Indian Treaty Status	1995 PGNFC moved to current location	School	2013 representative for children and youth report			
Mr. PG first built in 1960	largest city in Northern BC - hub city	1986 World Fair	1990 Alden-culture to PGNFC	2010-2012 - First FN Lieutenant Governor - Stephen Point	2013 - Bill C-3			
The 60's scoop Loss of our children 1958 - 1985	Two more pulp mills in 1966, Northwood Pulp, Intercontinental Pulp open	Mountain Pine Beetle epidemic – 80s/90s - short term forestry boom as companies rush to cut dead standing trees to salvage value.	1999-The Prince George Cougars at CN Center. Founded in 1971 as the Victoria Cougars, moved to Prince George in 1994	2007 Nechako Ice Jam results in localized road and property destruction through flooding and freezing.	Cancer clinic			
1969 sobriety	Founded 1972, the Spruce Kings are a Junior B hockey team	Treasure Cove Casino built at Hwy 16 and 97 junction.	1992 - Breaking the Silence programs	2008 - PG first deemed crime capital of Canada	Lumber mill fire			
1960 Aboriginal Men win right 2 vote in Federal elections	Natives, women allowed to join RCMP 1974	1982 Canada's Constitution recognizes Aboriginal Rights	University of Northern BC Bill 40 (the UNBC Act) passed, established the university, on June 22, 1990	2000s - FN people starting to run in municipal and school board elections	Human Rights affective in our communities June 18, 2011			
1967 - Aboriginal women right to vote	1970's closure of the last religious residential schools (federally run now)	Veterans win fight for pension benefits	2000 - child welfare delegated to Aboriginal organization	2004- Judge Ramsey sentenced for 7 years	Sharing of resources – 2013 Agreement in NWT			
1961-1968 Bennett Dam		BC treaty process 1984	Theatre North West, Exploration Place Fairgrounds	VLA - "the hood"	2010 Canada endorses UNDRIP			
1963/4 residents forced from cache		1982 Health Transfers Demonstrated, HTP - 1986 implemented 1989	United church apologizes to survivors and Aboriginal population	2000 – opening of The Two Rivers Gallery	News 23% of population in jail aboriginal. March 7, 2013			

# Community Tool B: Written Path

				Γ
	<u>9W</u> Aboriginal high school	<ul> <li><u>Supports</u></li> <li>Chief Dominic Fredrick and</li> </ul>	• Proactive	40 Days
•	Aboriginal high school graduation rate 56%			Begin the
	Children in foster care	Council	Forward	conversation to
•	High incarceration	• Elders	thinking	get the research
	rates	Liberals and Conservatives	Expertise in all	on the
•	Shortage in affordable,	Christy Clark	areas	community
	safe housing	Steven Harper	Committed	development
•	Limited financial	Mike Morris	people	started.
	support for everyone	John Rustad	Collaborative	• March 26,
•	Poverty	Sherry Green	• Partner	27 <sup>th</sup> 2014 next
	Missing women Domestic violence	• BWB	relationships	session on work
	Crime not reported	• Kashanna	• Good	on our journey.
	Food security big	School District- Brian	relationships	Be the agent
	issues	Pepper	Intergeneration	of the change.
•	Detox- no spaces	CNC	Courage of	Get the
•	Systems set up for	UNBC	Elders - Reconciliation	media involved:
	dishonesty from	Annette Maurice	Culture	awareness
	people	Leo Hebert	<ul> <li>Diversity</li> </ul>	interview Gwen
•	Unemployment down	Karin Hunt	Good protocols	and Barb.
•	Winter Games coming 23 delegated	Murray Krause	<ul> <li>Networking,</li> </ul>	• Do a
	Aboriginal	Terry Teegee	Social media,	commercial to
	organizations	Warner Adams	Communications	keep the
•	Clean streets today	Vince Prince	Organization	momentum
•	Good water	Emma Palmatier	broadcasts	going.
•	Starbuck's	Vanessa West	<ul> <li>Engaged youth</li> </ul>	Interest
•	Timmy's	Troy Morin	<ul> <li>Respect</li> </ul>	building with
•	Aboriginal hockey players in NHL	Victor Jim	<ul> <li>Aboriginal</li> </ul>	other partners.
•	Good ball players	Michelle Chase	services to meet	Distribution
•	Singers, fiddlers, talent	Dawn Murphy	needs of community	list: emails,
	in general	Margo Greenwood	wide spectrum	casting the net
•	Facilities are relatively	Tina Fraser	<ul> <li>Always doing</li> </ul>	wider.
	affordable	Eric Stubbs	with what we have	Community
•	Active Elders		Active	calendar annual
•	Providing supports and services for our		resistance	events.
	homeless brothers and		Awakening	
	sisters		Self-determined	

<u>1 – 2 – 3 years</u>	Dreams of the Path
-Everyone has to go to school. Increasing attendance, increasing	Making an accessible performing arts center or
the grad rates by 9%.	convention center, somewhere to build
-More attending college university, trades, work and retraining in	education to create healthy families and
Prince George.	children.
-50% access to permanent and multi-year agreements and funding	A community that has no crime, is culturally
for First Nations.	grounded, nurturing, and healthy, has
-Healthy foundation at home, have to heal from the trauma of the	leadership, careers, strong, and is wealthy, and
past through the center and teachings.	our own land to put this stuff on.
-Elders revitalize through traditional teachings, education, and -	Renewal of traditional practices
mentorship for youth, and understanding the trauma.	• Schools, youth centers, sport recreation center,
-Acknowledgement of why we are the way we are inside, the	day cares after school programs, fishermen,
curriculum and schools - we've implemented it into the class room.	facility for aboriginal people to recognize them
-Youth retaining and relearning their culture and language, teaching	as teachers, instructors with Elders,
Aboriginal languages in school 25% within the next 5 years.	Indigenous mother center.
-Opening opportunities & inclusion to youth in school individual	<ul> <li>Men need to be encouraged to be by their</li> </ul>
teaching youth "child centered" schools.	families and be fathers.
-Random fact teens and children only need 8 minutes of new stuff,	Accessible health care mental, physical,
awake from 1-6 pm.	emotional, traditional healing, not 9-5 work
-Advocate for involvement, presence, in school boards community	place.
75%.	<ul> <li>Good drinking water.</li> </ul>
-Increased political involvement and by First Nations, running	Well fed
voting, participating in Federal, Provincial, and Municipal processes	LTN convention center.
50%.	• Symbolic, acknowledgement to parks, streets,
-Buy in, community involvement as a whole, Prince George.	schools, city hall to represent indigenous
-In a lot of ways in the darkness of their culture and people,	culture.
engagement and ceremony with all, 10% yearly.	<ul> <li>Traditional territory being reclaimed.</li> </ul>
-Father's group.	<ul> <li>Golf courses, economic development.</li> </ul>
- Research to see what is happening to identify the gaps using	• To be a culturally safe community. Spiritual,
community asset plans.	mental, physical, and emotional.
- Increase mental health services and assessments by 20% in Prince	<ul> <li>Gardens to bring color and beauty.</li> </ul>
George (addictions).	<ul> <li>Better air quality.</li> </ul>
-Increased cultural understandings and connections to Aboriginal	<ul> <li>Community Gatherings.</li> </ul>
"ways of being and doing things", to make culturally appropriate	<ul> <li>Healthy animals, hunting and gathering.</li> </ul>
diagnosis for government agencies government and awareness.	<ul> <li>Justice and fair ruling, humanity, jurisdictions.</li> </ul>
-Accountability, where they become the dialog to help change,	<ul> <li>hoping for a First Nations' court</li> </ul>
assists and influences the change happening with decision makers,	<ul> <li>Increase traditional land base</li> </ul>
policy development and implementation especially with aboriginal	
issues.	<ul> <li>Counselors, leaders, Indigenous chambers of commerce (part of the community center)</li> </ul>
-Preparing their youth for leadership training.	commerce (part of the community center).
-Cultural sensitivity training with all levels of government agencies	Prosperity
industrial by building a foundation.	Youth counsel

# Community Tool C: Action Plan

Principles	Potpourri	Responsible	Come	Responsible	Claiming	Respon
(Foundation)			together		Your Voice	sible
Open	Walk in Nature	Encourage	Dine In	Friendship	Teaching	Hadih
Communication		Movement –	Program	Centre	Self	house
		employers and	Take a meal		Advocacy	
		colleagues at	and eat with		Skills	
		School Division	an Elder			
		#57				
Empathy	Revitalize the	Mental Health	Eat Moose	Aboriginal	Advocate	
	healing plants	Services	Meat	Organizations		
	from this land					
Compassion	Have a day in	City Hall	Host a Cultural	Seniors	Education	
	Nature	Recreation	Pot Luck Bi	Council		
		Dept.	Monthly			
Mutual Respect	Small space		Pot Luck for			
	gardens		Elders			
Caring For Each	Build a team of		Meals on			
Other	gorilla		Wheels			
	gardeners		Eat with the			
			Elders			
Respect for the	Weeding for		Sing And			
Environment	mental health		Dance Nights			
Humor	Be more		Family Fun			
	cognizant of		Nights			
	your					
	neighborhood					
Educate	Make posters		Crafts with			
	together as a		Elders and			
	community		Youth			
			Eating and			
			Crafting			
			Together			
			Walk and Talk			
			and Meet			
						L

Empowering Youth	Responsible	Taking Care of our People	Responsible	Sharing our Culture	Responsible
Validate Children/ Youth concerns	Connaught Youth Center	Stop justifying Stop promoting gambling and alcohol sales	Lobby at all levels of Government for increased dollars and programing	Offer Traditional Teachings	Cheryl Webster
Listen to the youth	PG Cycle Club Support Low income to get bikes	Equal treatment for mental health and substance abuse disorders		Share Knowledge x 2	Friendship Centre
Children's drum group	Friendship Centre	Improve social assistance		Elder Council	Elders Council
New College Adopt holistic guidelines to implement		Improve subsidised day care		Cultural Language Program	
More recreation for youth and families		Comply – adhering to just and safe laws		Human Library	
Find a place to Play		Affordable housing		Educate about diversity	
Workshops to educate families		Getting people to those who help			
Support Children with understanding		Create positions within services for Aboriginal People – not just education			
		Design and Implement an Aboriginal Outreach for Mental Health			

# Appendix A: Participants Involved

#### January 22 Elders Circle of Wisdom Gathering 1. Barb Ward-Burkitt, PGNFC 2. Bertha Cardinal, PGNFC 3. Edie Frederick, L'heidli T'enneh Language Keeper 4. Emma Faulkner, PGNFC 5. Gwen Budskin, PGNFC 6. Leonard Ward, Elder 7. Leslie Robinson, PGNFC 8. Sue Perron, Nechako Metis Elders Council 9. Anita Zakresky, PGNFC 10. Rose Bortolon, P.G. Metis Elders 11. Lyle Lloyd, P.G. Metis Elders 12. Jean Walker, PGNFC 1 13. Irene Cardinal, P.G. Metis Elders 2 14. Gloria Hourie, P.G. Metis Elders 3 15. Noreen Kehoe, P.G. Metis Elders 4 16. Jennifer Harrington, PGNFC 5 17. Nick Felker, PGNFC 6

#### April 14th Elders Circle of Wisdom Gathering

- 1 Angela Sanderson, PGNFC
- 2 Angeline Potskin, Elder
- 3 Anita Zakresky, PGNFC
- 4 Barb Ward-Burkitt, PGNFC
- 5 Bertha Cardinal, PGNFC
- 6 Cheryl Webster, SD 57
- 7 Chris Roberts, Community Member
- 8 Deanna Cardinal, PG Metis Elders
- 9 Edith Frederick, Elder
- 10 Elsie Rallison, Elder
- 11 Emma Faulkner, PGNFC
- 12 Gloria Hourie, PG Metis Elders
- 13 Gwen Budskin, PGNFC
- 14 Jean Walker, PG Metis Elders
- 15 Jim Roberts, Nechako Metis Elders Council
- 16 Kelly Roberts, Community Member
- 17 Leonard Ward, PGNFC
- 18 Leskie Robinson, PGNFC
- 19 Loretta Roberts, PGNFC
- 20 Marie Isaac, Elder
- 21 Nick Felker, PGNFC
- 22 Pam Scorah, Native Courtworkers and Counselling
- 23 Stacy Gallagher, Community Member
- 24 Sue Perron, Nechako Metis Elders Council
- 25 Joan Sutherland, Elder
- 26 John Jeff, Community Member
- 27 Joyce Roberts, Nechako Metis Elders Council

#### Feb 17/18 Circle of Leadership Meeting

- h
- 1. Barb Ward-Burkitt, PGNFC
- 2. Bertha Cardinal, PGNFC
- 3. Bev Poitras, Facilitator
- 4. Cheryl Webster, School District #57
- 5. Christina Draegen, Native Courtworkers
- 6. Cindy Ghostkeeper, Nezul Be Hunuyeh Child & Family Services
- 7. Diane Nakamura, Advocating for Women & Children
- 8. Edie Frederick, L'heidli T'enneh Language Keeper
- 9. Emma Faulkner, PGNFC
- 10. Gwen Budskin, PGNFC
- 11. Joan Brett, CNC Aboriginal Resource Centre
- 12. Joyce Roberts, Nechako Metis Elders Society
- 13. Kimberley Lavoie
- 14. Leonard Ward, Elder
- 15. Leslie Robinson, PGNFC
- 16. Lyle Lambert, Nechako Metis Elders Coucil
- 17. Manon Desjarlais, PGNFC
- 18. Sue Perron, Nechako Metis Elders Council
- 19. Tim Poitras, Facilitator
- 20. Victor Jim, School District #57
- 21. Winston Wuttunee, Elder/Spiritual Advisor
- 22. Chris Dalziel, PGNFC
- 23. Angela Sanderson, PGNFC
- 24. Anita Zakresky , PGNFC
- 25. Rose Bortolon, P.G. Metis Elders
- 26. Lyle Lloyd, P.G. Metis Elders
- 27. Kashanna Charlie, PGNFC
- 28. Laurel Lattie, PGNAETA
- 29. Troy Morin, MCFD
- 30. Jean Walker, PGNFC
- 31. Louise Labrie, Public Safety Canada
- 32. Loretta Roberts, PGNFC

- March 26/27 Circle of Leadership Meeting
  - 1. Alen Aben, Youth Mental Health
  - 2. Anita Zakresky, PGNFC
  - 3. Barb Ward-Burkitt, PGNFC
  - 4. Bertha Cardinal, PGNFC
  - 5. Bev Poitras, Facilitator
  - 6. Emma Faulkner, PGNFC
  - 7. Erin Anderlini, PGNFC
  - 8. Gwen Budskin, PGNFC
  - 9. Jennifer Harrington, PGNFC
  - 10. Joan Sutherland, PGNFC
  - 11. Kimmy Gill, Ministry of Aboriginal Relations & Reconcilation
  - 12. Leonard Ward, Elder
  - 13. Leslie Robinson, PGNFC
  - 14. Lyle Lambert, Metis Nation British Columbia
  - 15. Manon Dejarlais, PGNFC
  - 16. Maria Orcherton, PGNFC
  - 17. Morgan Jamison, P.G. Urban Aboriginal Justice
  - 18. Pam Scorah, Native Courtworkers & Counselling
  - 19. Penny Nikal, Elder
  - 20. Sheila Rennie, PGNFC
  - 21. Sue Perron, Nechako Metis Elders Society
  - 22. Theresa Healy, Northern Health Authority
  - 23. Tim Poitras, Facilitator
  - 24. Winston Wuttunee, Elder/Spiritual Advisor
  - 25. Malcolm Llewllyn, Elder
  - 26. Angela Sanderson, PGNFC
  - 27. Holland Gauthier, PGNFC
  - 28. Vince Prince, P.G. Aboriginal Business Dev. Corp.
  - 29. Cindy Ghostkeeper, Nezul Be Hunuyeh
  - 30. Jacob Carpenter, Nezul Be Hunuyeh Child & Family Services
  - 31. Joe Roberts, Hadih House
  - 32. Constable Thor Forseth, RCMP
  - 33. Mary Ward, Elder
  - 34. Joyce Roberts, Nechako Metis Elders Society
  - 35. Constable Hope, RCMP
  - 36. Brenda Nome, Metis Nation British Columbia

#### Feb 19<sup>th</sup> 8<sup>th</sup> Fire Cultural Night

- 1. Sheila Rennie
- 2. Bertha Cardinal
- 3. Josephine Budskin
- 4. Naten Budskin
- 5. Kalen Gibbs
- 6. Jean Walker
- 7. Violet Findlay
- 8. Eddie Fredrick
- 9. Jessica Field
- 10. Jason Field
- 11. Robert Field
- 12. Lydia Thomas
- 13. Sylvia Patrick
- 14. Shirley Patrick
- 15. Marilyn Patrick
- 16. Vicki Patrick
- 17. Kyle Patrick
- 18. Charlene Prince
- 19. John Neilson
- 20. Leona Neilson
- 21. Gabe Evenden
- 22. Avery Evenden
- 23. Danielle Rediron
- 24. Francis Namox
- 25. Tanaya Rediron
- 26. Aiden Rediron
- 27. Jasmine Saunders
- 28. Marshel West
- 29. Mary Lowley
- 30. Aaron Moore
- 31. Sue Perron
- 32. Larisa Alexander
- 33. Damon Canuel
- 34. John Casimel
- 35. Andrew Duperron
- 36. Anne Marie Fiset
- 37. Larry Bereiziat
- 38. George Brown
- 39. Patricia Melbourn
- 40. Angelic Levac
- 41. Randy Dakota
- 42. Hilda Jack
- 43. Dawn George
- 44. Pat Capot
- 45. Keshia Teegee
- 46. Andrea Fuentes
- 47. Wally Wilson
- 48. Kirsten Teegee
- 49. Denise Wagner
- 50. Esther Flanagan
- 51. Leasa Whicher
- 52. Joelene Giroux
- 53. Izabella Giroux
- 54. Candace Monai
- 55. Esther Stainton
- 56. Harold Stainton
- 57. Jean Walker
- 58. Manon Desjarlais

#### March 27th 8<sup>th</sup> Fire Cultural Night

- 1. Sheila Rennie
- 2. Joan Sutherland
- 3. Elsie Rallison
- 4. Jean Walker
- 5. Margaret Budskin
- 6. Marion Hunt Doig
- 7. Sue Perron
- 8. Jim & Joyce Roberts
- 9. Holland Gauthier
- 10. Andy Szabo
- 11. Leona & John Nielson
- 12. Gabe Evenden
- 13. Avery Evenden
- 14. Maria Evenden
- 15. Cassandra Roberts
- 16. Antonio Kozak
- 17. Lily Kozak
- 18. Victoria Stevens
- 19. Annabelle Stevens
- 20. Edie Frederick
- 21. Calvin Frederick
- 22. Leonard & Mary Ward
- 23. Jean Linden
- 24. Thomas Richoton
- 25. Bailey Richoton
- 26. Dakota Auger
- 27. Crystal Whitehawk
- 28. Brooklyn Whitehawk
- 29. Dayton Whitehawk
- 30. Caitlyn Whitehawk
- 31. Elisha Auger
- 32. Tyrese Auger
- 33. Rihanna Auger
- 34. Kloe Auger
- 35. Aaliyah Auger
- 36. Kashanna Charlie
- 37. Chris Bond
- 38. Bobbi Koll
- 39. Mary Auger

42. April Soto

46. Anne Abel

47. Tanya Becker

40. Keshia Teegee

41. Amanda Teegee

43. Harold Stainton

44. Carlene Keddie

45. Jennine Sanderson

# Appendix B: Health Fair Stats

THURSDAY JANUARY 30, 2014									
м	F	Under 19	19-55	55+	Status	Non- Status	Metis	Inuit	Other
61	117	61	89	23	107	29	4		33
TOTAL	178								

	FRIDAY JANUARY 31, 2014									
М	F	Under 19	19-55	55+	Status	Non- Status	Metis	Inuit	Other	
66	115	27	191	34	114	29	20	2	8	
TOTAL	181				BOTH DA	YS TOTAL		359		

#### **List of Participating Agencies**

Number of Participants

- 1. Aboriginal Business Development Centre
- 2. BC Cancer Agency
- 3. BC Cancer Agency Prevention Program
- 4. Canadian Mental Health Association PG Branch
- 5. Cedar Project
- 6. Central Interior Native Health
- 7. Elizabeth Fry Society
- 8. F.A.M.I.L.I.E.S & ACE
- 9. Heart & Stroke Foundation
- 10. HIV Coalition
- 11. Immigrant & Multi-Cultural Services
- 12. Mental Health & Addictions Northern Health
- 13. Ms. Loreas College of Esthetics & Nail Technology
- 14. Native Courtworkers & Counselling Association of BC
- 15. New Hope Society
- 16. Northern Health Diabetes Clinic
- 17. Parent Support Program
- 18. Prince George Metis Elders Society

#### **List of Participating Agencies**

19. Phoenix Transition Housing 20. Positive Living North 21. The Fire Pit Cultural Drop In 22. Shapedown (Northern Health) 23. The Esther's Inn Hair & Nails 24. The Kidney Foundation 25. HAIRCUTS by Freda Barton 26. UNBC CCC 27. UNBC First Nations Recruitment 28. YMCA of Northern BC 29. PGNFC Literacy Program 30. Moosehide Campaign 31. PGNFC Youth Services 32. PGNFC Counselling Programs 33. PGNFC ASCD Program 34. Carrier Sekani Family Services 35. UVIC Self Management Program 36. IMPACT BC

# Appendix C: Youth Engagement Stats

#### Hop into Spring Talent Show & BBQ

The Prince George Native Friendship Centre Youth and Community Services hosted the Event as a Youth Wrap up for the Walking Into the Future With Our Children Process. The event took place March 28<sup>th</sup>, 2014. The event commenced at 1pm with the Youth being involved in Youth Focus Group focused on Youth specific needs and goals for the Future. The Youth then celebrated the afternoon by hosting a Youth, Elders and Families BBQ and Talent Show. The Youth were full participants for the event by planning and hosting the event. Youth assisted in the set up, preparing food, providing entertainment and the facility clean-up. We had **11 Youth** Show Case their talent from Dancing, Singing, and Beat Boxing. The Youth were also gifted for their performances and guests were also given the opportunity to be winners for the door prizes being drawn over the duration of the event. The Youth involved with the process learned many valuable tools for event planning, food preparation/serving, organization skills, hosting families/ elders and clean-up.

Youth	1 pm	14
Focus	-3 pm	Attended
Group		
BBQ	3 pm-	33
	4:30	Attended
	pm	
Talent	4:30	45
Show	pm-	Attended
	6:00	
	pm	

# Appendix D: Evaluations

February 19th 8 <sup>th</sup> Fire Cultural Night	Strongly disagree	Disagree	Neutral	Agree	Strongly Agree
The material presented was relevant to our community			5	28	18
The facilitators presented the material in a manner	clear			28	23
The facility was appropriate			1	22	28
The event increased my knowledge of comr development	nunity		8	17	26
The quality of the event was excellent				13	38
I would recommend participating in this pro to other people	ocess			12	39
The purpose of the event was clear				24	27
I will continue to be involved in the commu planning process	nity		1	15	35
51 evaluation summaries were completed					

March 27th 8 <sup>th</sup> Fire Cultural Night	Strongly disagree	Disagree	Neutral	Agree	Strongly Agree
The material presented was relevant to our community	2		2	17	16
The facilitators presented the material in a clear manner	2			17	18
The facility was appropriate	2			15	19
The event increased my knowledge of community development	2		5	15	15
The quality of the event was excellent	2			12	23
I would recommend participating in this process to other people	2			14	21
The purpose of the event was clear	2		2	17	16
I will continue to be involved in the community planning process	2		1	16	18
37 people completed the evaluations					

April 14, 2014 Elders Circle of Wisdom	Strongly disagree	Disagree	Neutral	Agree	Strongly Agree
The material presented was relevant to our community				5	13
The facilitators presented the material in a cl manner	ear		1	6	11
The facility was appropriate			1	5	12
The event increased my knowledge of commune development	unity		2	7	9
The quality of the event was excellent				6	12
I would recommend participating in this proc to other people	ess			6	12
The purpose of the event was clear			2	6	10
I will continue to be involved in the communi planning process	ty		1	6	11
18 evaluation summaries were completed					

#### **Comments Elders made on the evaluations:**

- "I am neutral on 3 as over the years I have found it challenging to have access to information on activities, events."
- "More cultural events especially the Pipe Ceremony. Community drumming and singing. It's a good idea for Bertha to set up event, other than what she already does. Don't know what that might be. So enjoyed Winston's and Leonard's participation, helps enormously. Perhaps have La-Hal events that most First Nations like to watch and participate. Of course mini-pow wow helps – find sponsors. There must be a lot of First Nations, Metis, Cree games that volunteers could come out and share. Use Comedy too. We like to laugh!"
- "I want to thank you for sharing your wisdom with me so I can walk the Red Road easier."
- "We need to have more events such as this today, April 14, 2014. As we need to know and learn about events going on in this community concerning Aboriginal peoples. Thank you, I enjoyed the day!"
- "We should have talent night once a month for youth and everyone!"
- "The event was enjoyable. It is always nice to learn from the spiritual teachings of our Elders. The meal and snacks were nice. I am used to going to meetings where we are asked to contribute to the event by offering skills and knowledge. I am less accustomed to being recognized and honoured for being an Elder. I am honoured by the recognition."
- "I feel a bit sad that these sessions are ending. It has brought so many together. I will do all I can to follow up and not let this wonderful community of ORAAP die."
- "Need more events like this."

Circle of Leadership Participant Evaluations							
Question	Strongly Disagree	Disagr ee	Neutral	Agree	Strongly Agree	No response	
The instructor was familiar with the course material.	1			5	8		
	.07			.36	.57		
The instructor demonstrated enthusiasm for the subject matter.	1			4	9		
	.07			.29	.64		
The instructor was available & helpful to participants outside of workshop.	1		1	5	4	2	
	.07		.07	.36	.29	.14	
The course description accurately described the course content.	1	1		5	4	2	
	.07	.07		.36	.09	.14	
I was prepared for this course.	1		4	9			
	.07		.09	.64			
The facility was appropriate.	1			6	7		
				.43	.50		
The classes started	1		3	7	3		
and ended on time.	.07		.21	.50	.21		
The course increased my knowledge of community development.	1			7	6		

#### Circle of Leadership Participant Evaluations

	1	1		1	1 .	I
Question	Strongly	Disagr	Neutral	Agree	Strongly	No
	Disagree	ee			Agree	response
The course	1			7	6	
increased my						
interest in	.07			.50	.43	
community development.	.07					
development.						
	4			-		4
The overall quality	1			7	5	1
of this course was						
excellent.	.07			.50	.36	.07
	.07				.50	.07
	1			6	7	
I would recommend						
this course to other						
communities.	.07			.43	.50	
	1			6	5	2
	1			0	5	2
The objectives and						
requirements for the						
workshop were clearly stated.	.07			.43	.36	.14
cicarry stated.						.14
				-	_	-
The learning	1			4	7	2
materials were relevant and useful.						
relevant and userul.	.07			.09	.50	
	1		1	2	5	.14
	1		1	3	5	3
The material will						
be used in my						.21
home community	.07		.07	.21	.36	.21
						1 wrote
						hopeful
	.07	.07	.02	.40	.40	.02
	.07	.07	.02	.40	.40	.02
					I	

#### **Circle of Leadership Meetings, Overall Personal comments:**

#### What will I remember of the workshop?

The Movie, laughter, stories. (This was the person who strongly disagreed on all questions; I just wondered if the wording "strongly disagree" was not clearly understood)

The elder stories and activities.

Laughter , Sharing

The knowledge that all of hold & the opportunity we all had to share with each others. The elders, - sharing & singing. Moving through the process was approached in a strength-based manner – important.

Teachings of the elders. They both, were beautiful. I feel blessed.

Unity; Collaboration; Elders; Teachings;

Working together, safety, welcoming, positivity

I hope to use the material with our own community

All of it. It was Great!!!

#### If I could change anything what would it be?

Nothing. (This was the person who strongly disagreed on all questions; I just wondered if the wording "strongly disagree" was not clearly understood)

Nothing.

More Time.

I wish my coordinator was with me. She will be here in March

More Time & More Storytelling from the elders

I would not have eaten so much, I got sleepy in the afternoon.

Nothing

#### Comments....

Beginning the day with a pipe ceremony was excellent. However, having cultural teachings in the middle of the workshop interrupted the momentum. These teachings are important but should be at the end of the day or add a 3<sup>rd</sup> cultural day so we can get through the material.

#### Well Done.

Opening and Closing prayers. Acknowledgement of traditional territory, important in community engagement. The positiveness of the two days. Although it didn't always start and end on time – there was flexibility like with the father who asked/shared his struggle. We took time to support him.

Thank you so much for everything, I am up for the challenge and willing to do my part. The meals were amazing. I love my First Nation People and my community

#### Great facilitation !!

I really enjoyed this workshop. Lots of laughs but got the job done.

#### **Facilitators Comments:**

The workshop was presented concurrently with the Cultural activities, the blend was appropriate but liked the comment that we could of made an additional day or my suggestion to make the day longer with evening sessions.

The overall percentages of the above questions show a positive response to the workshop. 80% was agree or strongly agree. The one questionnaire that was filled strongly disagree did not coincide with their written comments. This leads me to believe the opposite was intended. (Leaving the information still very positive). The overall written comments were very positive.

We received fourteen evaluations giving a strong representation of the overall participant results. (14 out of approximately 20). A positive reflection of surveys is 4% of casement areas. With this perspective the response was adequate to get an accurate poll. The evaluation could have been introduced with instructions to get more feedback. (My failing)

#### Things to work on:

Questions may not reflect adequately the specific activities that you want to gather information on.

The timing of the start and finish was generally a lower score with 3 neutrals, but this could also reflect on the impact of the cultural activities and not everyone was aware of the length of time they would take. They are different every time and the respect we have for starting when they are finished goes without saying. The meals and the length of time to set up different activities impacted on some activities. (Moving tables etc.)